

2008 New England Youth Sports Festival

Skill Zone Clinic Schedule

Clinics run for 45 minutes. Please arrive 10 minutes prior to the listed start time to check in

FRIDAY	Baseball	Softball	Basketball	Field Hockey	Football	Ice Hockey	Lacrosse	Soccer
9:15	Quickball (Ages 7-18)		Skills Techniques 1 (Boys/Girls Ages 6-9)	Fundamentals (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Stickhandling (Ages 5-11)	U9 Skills (ages 7-9)	Dribbling - U6 & U8 (ages 5-8)
10:15	Fundamentals of Infield Play (ages 7-18)	Fundamentals of Softball (Ages 7-18)	Skill Techniques 1 (Boys/Girls Ages 10-12)	Fundamentals (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Shoot and Score (Ages 5-11)	U9 Skills (ages 7-9)	Dribbling - U10 & U12 (ages 8-12)
11:15	Quickball (Ages 7-18)		Skill Techniques 2 (Boys/Girls Ages 6-9)	Fundamentals (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Relay Race (Ages 5-11)	U9 Skills (ages 8-9)	Dribbling - U13 & U14 (ages 12 -14)
12:15	Fundamentals of Hitting (Ages 7-18)		Skill Techniques 2 (Boys/Girls Ages 10-12)	Dribbling and Passing (Boys/Girls ages 6-16)	Basics of Football (ages 6-16)	Skating (Ages 5-11)	One-on-one Defense (ages 13-15)	Passing - U6 & U8 (ages 5-8)
1:15	Fundamentals of Infield Play (Ages 7-18)	Fundamentals of Softball (Ages 7-18)	Skill Techniques 1 (Girls Ages 13-15)	Dribbling and Passing (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Shoot and Score (Ages 12-17)	Team defense (ages 13-15)	Passing - U10 & U12 (ages 8-12)
2:15	Quickball (Ages 7-18)		Skill Techniques 1 (Boys Ages 13-15)	Dribbling and Passing (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Skating (Ages 12-17)	Shooting (ages 13-15)	Possession - U13 & U14 (ages 12-14)
3:15	Fundamentals of Outfield Play (Ages 7-18)		Skill Techniques 2 (Girls Ages 13-15)	Shooting (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Relay Race (Ages 12-17)	Dodging (ages 13-15)	Dribbling/ Shooting - U6 (ages 5-7)
4:15	Fundamentals of Infield Play (Ages 7-18)	Fundamentals of Softball (Ages 7-18)	Skill Techniques 2 (Boys Ages 13-15)	Shooting (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Stickhandling (Ages 12-17)	Mini Stick Game (Ages 11-15)	Shooting - U8 & U10 (ages 7-10)
5:15	Quickball (ages 7-18)		Open Games (Boys/Girls All Ages)	Shooting (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)		Mini Stick Game (Ages 11-15)	Shooting - U12 and up (ages 12-18)

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SATURDAY	Baseball	Softball	Basketball	Field Hockey	Football	Ice Hockey	Lacrosse	Soccer
9:15	Quickball (Ages 7-18)		Skills Techniques 1 (Boys/Girls Ages 6-9)	Fundamentals (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Skating (Ages 12-17)	Faceoffs (Ages 12-18)	Dribbling - U6 & U8 (ages 5-8)
10:15	Fundamentals of Infield Play (ages 7-18)	Fundamentals of Softball (Ages 7-18)	Skill Techniques 1 (Boys/Girls Ages 10-12)	Fundamentals (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Stickhandling (Ages 12-17)	Fundamentals (Ages 11-15)	Dribbling - U10 & U12 (ages 8-12)
11:15	Quickball (Ages 7-18)		Skill Techniques 2 (Boys/Girls Ages 6-9)	Fundamentals (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Relay Race (Ages 12-17)	Fundamental (Ages 11-15)	Dribbling - U13 & U14 (ages 12 -14)
12:15	Fundamentals of Hitting (Ages 7-18)		Skill Techniques 2 (Boys/Girls Ages 10-12)	Dribbling and Passing (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Shoot and Score (Ages 12-17)	Faceoffs (Ages 12-18)	Passing - U6 & U8 (ages 5-8)
1:15	Fundamentals of Infield Play (Ages 7-18)	Fundamentals of Softball (Ages 7-18)	Skill Techniques 1 (Girls Ages 13-15)	Dribbling and Passing (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Skating (Ages 5-11)	Positive Coaching Alliance workshop on-field training	Passing - U10 & U12 (ages 8-12)
2:15	Quickball (Ages 7-18)		Skill Techniques 1 (Boys Ages 13-15)	Dribbling and Passing (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Stickhandling (Ages 5-11)		Possession - U13 & U14 (ages 12-14)
3:15	Fundamentals of Outfield Play (Ages 7-18)		Skill Techniques 2 (Girls Ages 13-15)	Shooting (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Relay Race (Ages 5-11)	Goalie (Ages 12-18)	Dribbling/ Shooting - U6 (ages 5-7)
4:15	Fundamentals of Infield Play (Ages 7-18)	Fundamentals of Softball (Ages 7-18)	Skill Techniques 2 (Boys Ages 13-15)	Shooting (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Shoot and Score (Ages 5-11)	Mini Stick Game (Ages 11-15)	Shooting - U8 & U10 (ages 7-10)
5:15	Quickball (ages 7-18)		Open Games (Boys/Girls All Ages)	Shooting (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)		Mini Stick Game (Ages 11-15)	Shooting - U12 and up (ages 12-18)

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SUNDAY	Baseball	Softball	Basketball	Field Hockey	Football	Ice Hockey	Lacrosse	Soccer
9:15	Quickball (Ages 7-18)		Skills Techniques 1 (Boys/Girls Ages 6-9)	Fundamentals (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Shoot and Score (Ages 12-17)	Fundamentals (Ages 11-15)	Dribbling - U6 & U8 (ages 5-8)
10:15	Fundamentals of Infield Play (ages 7-18)	Fundamentals of Softball (Ages 7-18)	Skill Techniques 1 (Boys/Girls Ages 10-12)	Fundamentals (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Skating (Ages 5-11)	Fundamentals (Ages 11-15)	Dribbling - U10 & U12 (ages 8-12)
11:15	Quickball (Ages 7-18)		Skill Techniques 2 (Boys/Girls Ages 6-9)	Fundamentals (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Shoot and Score (Ages 5-11)	Fundamentals (Ages 11-15)	Dribbling - U13 & U14 (ages 12 -14)
12:15	Fundamentals of Hitting (Ages 7-18)		Skill Techniques 2 (Boys/Girls Ages 10-12)	Dribbling and Passing (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Referee Certification	Positive Coaching Alliance workshop on-field training	Passing - U6 & U8 (ages 5-8)
1:15	Fundamentals of Infield Play (Ages 7-18)	Fundamentals of Softball (Ages 7-18)	Skill Techniques 1 (Girls Ages 13-15)	Dribbling and Passing (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Stickhandling (Ages 12-17)		Passing - U10 & U12 (ages 8-12)
2:15	Quickball (Ages 7-18)		Skill Techniques 1 (Boys Ages 13-15)	Dribbling and Passing (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Relay Race (Ages 12-17)	Fundamentals (Ages 11-15)	Possession - U13 & U14 (ages 12-14)
3:15	Fundamentals of Outfield Play (Ages 7-18)		Skill Techniques 2 (Girls Ages 13-15)	Shooting (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Stickhandling (Ages 5-11)	Fundamentals (Ages 11-15)	Dribbling/ Shooting - U6 (ages 5-7)
4:15	Fundamentals of Infield Play (Ages 7-18)	Fundamentals of Softball (Ages 7-18)	Skill Techniques 2 (Boys Ages 13-15)	Shooting (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)	Relay Race (Ages 5-11)	Mini Stick Game (Ages 11-15)	Shooting - U8 & U10 (ages 7-10)
5:15	Quickball (ages 7-18)		Open Games (Boys/Girls All Ages)	Shooting (Boys/Girls ages 6-16)	Basics of Football (Ages 6-16)		Skills (Ages 11-15)	Shooting - U12 and up (ages 12-18)